



# M.A. in Art Therapies- Visual Art Therapy

Hybrid  
English/Hebrew  
studies tailored  
for English  
speakers and  
new olim

**Visual Art Therapy – When Words Fall Short, Art Speaks**

Head of the International Art Therapy Program:

**Anat Wolf**



Ono  
International  
School

Ono Academic College



משרד העלייה והקליטה  
Ministry of Aliyah and Integration  
המנהל לסטודנטים עולים | Israel Student Authority



נפש Nefesh  
בנפש B'Nefesh

JLIC  
Ono Academic College





**The only program in Israel offered in English. Practical training begins in the first semester. For students who are interested, the program also offers a Hebrew ulpan to support professional integration into the workplace.**



## Career Path:

If you are driven by a passion for therapeutic work or wish to transition into a meaningful and highly rewarding profession, this is the place for you.

Our approach views art-making as a healing process that helps you discover who you are, from the inside out.

Our airy and spacious studios become a supportive space where students have the time and guidance to create spontaneously and cultivate their own creative language and inner knowledge.

## Program Overview: Theory, Practice, and Impact

Visual art therapy integrates artistic media such as painting, drawing, sculpture, and mixed techniques, with psychological tools to assess and treat a wide range of emotional and mental states. Creative art-making supports self-discovery, builds resilience, and helps people cope with life's challenges – such as conflict, transition, and loss.

The program trains professionals in visual art therapy, a distinctive field within the therapeutic professions, preparing graduates to work in educational, therapeutic, and rehabilitative settings. Through the language of visual art, practitioners develop the ability to offer innovative therapeutic approaches and provide meaningful responses to diverse populations in the community and society.

### **The program consists of 4 components:**

- ◆ Theories and methods of visual art therapy.
- ◆ Foundational knowledge in psychology.
- ◆ Experiential workshops using art materials to integrate theory and practice.
- ◆ Supervised clinical and educational fieldwork in visual art therapy.

## Three Great Reasons to Study at Ono International School:

- ✓ **Hands-On Training from Day One:** Start practical clinical experience in your first semester, guided by expert supervisors.
- ✓ **Personalized Learning Environment:** Benefit from small class sizes, individual guidance, and study materials included in your tuition.
- ✓ **Expert Faculty:** Learn from professionals with over 40 years of experience, with tailored support for new Olim to ensure a smooth transition.



## Admission Requirements:

### General Admission Requirements

A recognized bachelor's degree in any field.

A minimum overall GPA of 80 is required.

### Academic Prerequisites

As part of the admissions process, candidates must provide proof of prior psychology coursework. Applicants are required to complete nine prerequisite psychology courses, each with a minimum grade of 80. These courses are offered online via independent study, with exam dates published in advance.

Applicants must present 300 documented study hours in painting, sculpture, or drawing from a recognized institution, along with 200 hours of field experience and 15 approved artworks.

Applicants who do not meet the above academic and/or art prerequisites may complete missing requirements at Ono.

## General Information:

**Studies take place at the Kiryat Ono Campus.**

3 Years: 2 + 1 year clinical and practical training.

One day on-campus, plus clinical and practical training.

In addition to regular study days, there will be several intensive sessions. The program includes one intensive study day on campus, along with practical training conducted off-campus.

**Tuition:** \$8,500 per academic year × 3 years.

**Scholarships:** Internal scholarships are available, including those for Lone Soldiers, outstanding students, and students from challenging socioeconomic backgrounds.

External scholarships are also offered, including scholarships from the Ministry of Aliyah and Integration, as well as from organizations such as Perach, IMPACT, and Mifal HaPais.

## The curriculum includes:

- ▶ Theories and Methods in Visual Art Therapy
- ▶ Diagnosis and Assessment in Visual Art Therapy
- ▶ Models and Skills in Group Therapy
- ▶ Training Seminar in Visual Art Therapy
- ▶ Advanced Studio Courses and more
- ▶ A unique course presenting approaches in the arts therapy related to different types of trauma
- ▶ The program includes CBT enrichment, parent training, mind-body approaches, and advanced psychotherapy



## Your success is our priority!

A dedicated English-Speaking advisor offers one-on-one support throughout your entire first year. The advisor will assist you with everything from required documentation to academic mentoring, ensuring your smooth integration and success in the program.





**Our dedicated admissions team is ready to assist with any questions.  
We're here to provide the guidance and support you need  
to begin your journey at Ono.**



**Ono Academic College International School**

📞 ISR: +972-54-3235786 | 📞 US: +1-646-771-8228

@internationalschool@ono.ac.il | 🌐 <https://international.ono.ac.il>

For Admission Requirements and Preparatory Program, Please scan the QR code.